## PhysioArts

New Patient Registration				
PATIENT INFORMATION				
Name:				
Street Address:				Apt. #:
City:	State:	Zip:	Birth Date:	Age:
Social Security Number:	emai	il:		
Home phone:	work:		cell:	
Occupation:	Referr	ing physician:		
Actor's Equity Association member?	YES NO If ye	s, are you curre	ntly eligible for health benefit	ts? YES NO
Have you been treated at PhysioArts I	pefore? YES NO I	f yes, when and	by whom?	
How did you first hear about PhysioAr	ts? (Circle one): <i>Fan</i>	nily/ Friend Inte	ernet Doctor Show affilia	ation Other:
If a family or friend referred you, pleas	se write their name h	ere so we may	hank them:	
Emergency Contact:		Relatio	nship:	
Phone: day		evening		

#### AUTHORIZATION TO RELEASE INFORMATION AND CONSENT TO TREATMENT

I hereby authorize the release of any information by telephone or in writing, including reports of diagnosis, treatment, prognosis, recommendations, benefits payable, and any other data pertinent to my treatment, by PhysioArts Physical Therapy, PC to my physician(s) as well as any organization responsible for payment of my account. I authorize my insurance company to pay medical benefits directly to PhysioArts in instances where a claim has been filed by PhysioArts on my behalf.

I hereby consent to such treatment procedures and patient care which, in the judgment of my therapist and/or physician, may be considered necessary or advisable while I am a patient of PhysioArts. I understand that I play a role in this care and can question or refuse treatment at any time.

P	Printed name of Patient or Guardian	Signature of Patient or Guardian	Date	
	GENERAL POLICIES			

- Please notify the front desk if there are any changes to your address, phone number or insurance plan.
- Lockers are available for your use at your own risk. PhysioArts shall not be liable for the disappearance, loss, theft of, or damage to your personal property.
- New York State law allows patients to be seen for 30 days or 10 visits (whichever comes first) without a prescription. Any visits beyond this time period will require a prescription from a New York medical doctor, osteopath or podiatrist. Please check with your insurance company for their specific policy – some insurance companies still require prescriptions at all times for payment.
- Out of courtesy to your fellow patients, please refrain from using your cell phones in the treatment and gym areas.
- In order to ensure your safety, please do not use any equipment in the gym that you have not been instructed in and cleared to use by your physical therapist. Unsupervised use of the Pilates equipment is *not* allowed.
- Visiting children who are not being treated as patients must stay with you at all times. Children who are not being seen as patients are not allowed on any of the gym equipment.

I have read, understand and agree to all the above policies.

PhysioArts Name:	Date:
CURRENT HISTORY/SYMPTOMS	
Describe your current symptoms and/or activity limitations:	
Describe when and how your injury occurred:	
Have you had any diagnostic tests? □MRI □x-ray □bone scan □	If yes, what were the results?
What, if any, treatment have you had for this problem?  □ physical therapy	□ chiropractic □ acupuncture □ other
When and how frequently did/do you have this treatment?	
Did this treatment help? (please explain)	

Have you had similar symptoms in the past? _	If yes, please describe, and list the last date prior to this recent incident or
flare that you had these symptoms:	

Please indicate where your pain is located and what type of pain you feel at the present time. Use the symbols below to describe your pain. Do not indicate areas of pain which are not related to your present injury or condition. **KEY** 

:	xxx Pain	000 Numbness /// Tingling		
	$\sim$	(1) (m)	(m) ma	<u> </u>

Rate your pain on a visual scale (0-10, 0=no pain, 10=excruciating pain): Worst it has been \_\_\_\_\_ Past 2-4 weeks \_\_\_\_\_ Past 24 hours \_\_\_\_\_ At this moment: \_\_\_\_\_

Indicate the nature of your pain/symptoms (check all that apply): 
sharp 
dull 
shooting 
aching 
stabbing 
burning  $\Box$  stabbing  $\Box$  deep  $\Box$  superficial

Are your symptoms worse in the: 
morning 
afternoon 
evening 
inconsistent 
constant

Are your symptoms:  $\Box$  improving  $\Box$  worsening  $\Box$  stable

What actions, activities or positions aggravate your symptoms/pain?\_\_\_\_\_

What actions, activities, positions, treatments or medications *ease* your symptoms/pain?

**Special questions**: *Please mark "no" if appropriate. Otherwise, please explain in the lines provided.* 

- My pain is constant (24 hours/day, 7 days/week) No
- My pain travels (eg from neck to hand or back to foot) No
- I have a metal implant or surgical hardware in my body \_\_\_\_\_ No
- I have a pacemaker or other implanted device in my body \_\_\_\_\_ No
- I have weight-bearing restrictions given to me by my doctor \_\_\_\_\_ No \_\_\_\_\_
- I have osteoporosis or a history of fractures No
- I have contact allergies to adhesives, latex, rubber, ice, etc. No
- I have a heart condition and was told not to do physical activity No

Na	Name:						Date:			NWC	
Ple	ease l	ist your current medicatio	ns (pre	escrip	tion and over the coun	ter):					
ls	your i	njury work related?			Motor vehicle acc	cident?					
Do	es yo	our occupation consist of:	□ Sittir	ng 🗆 :	Standing 🗆 Walking 🗆	Lifting	🗆 He	avy computer work	Perforr	ning c	on a raked stage
	·	□ Partnering □ Jumpir	ng 🗆 D	ancin	q in hiqh heels □ Knee	ling 🗆	Squa	tting	costum	es/hea	adpieces
		□ Other significant phy	-			-	-				
W	nat ar	e your goals for physical t									
		CAL/ INJURY HISTOR		/·							
		ou EVER been diagnosed		/ina a	ny of the following cor	nditions	?				
Yes	5	Allergies	1	U	Circulation problems	Yes		Hearing loss	Yes	No	Parkinson's disease
Yes	No	Anemia		No	Diabetes	Yes	No	Heart disorders	Yes	No	Repeated infections
Yes	No	Angina	Yes	No	Digestive problems	Yes	No	High blood pressure	Yes	No	Skin diseases
Yes	No	Arthritis	Yes	No	Depression	Yes	No	Infectious diseases	Yes	No	Stroke
Yes	No	Asthma	Yes	No	Epilepsy	Yes	No	Kidney problems	Yes	No	Thyroid problems
Yes	No	Bowel/bladder problems	Yes	No	Fatigue	Yes	No	Hypoglycemia	Yes	No	Vestibular disorders
Yes	No	Cancer	Yes	No	Fever (current)	Yes	No	Lung problems	Yes	No	Ulcers
Yes	No	Chemical dependency	Yes	No	Head injury	Yes	No	Osteoporosis	Yes	No	Weight loss/gain
Ple	Please use the following lines to explain any circled above, or any medical problems not listed above:										

Please describe any injuries for which you have been treated (broken bones, dislocations, sprains, etc) including dates: \_\_\_\_\_

Have you ever had surgery? \_\_\_\_\_ If yes, please list reason and dates: \_\_\_\_\_

Is there any history of heart disease, diabetes or cancer in your family? □ Yes □ No If yes, please explain:\_\_\_\_\_

Are you currently pregnant (or think you may be)? 
Yes No Past pregnancies? 
Vaginal Cesarean Other None
Dominant hand: 
Right Left

SOCIAL HISTORY				
Do you smoke (#/day)? Have you ever smoked?	When did you quit? How much caffeine/day?			
Days/week you drink alcohol? What is your diet li	ke?			
Do you exercise?:If yes, how often?	types of exercise:			
Have you been able to exercise despite your current injury?				
Have you had any major life changes in the past year (move, marriage, death)?				

DANCE/PERFORMAN	CE HISTORY (If applicable)	
Type of dance	# of years studied	age this study began

# of years dancing professionally:	Are you performing now?	
Do you warm up before performing?	If yes, how?	
Do you cool down after performing?	If yes, how?	



## PhysioArts' Patient Agreement

We appreciate your consideration in choosing PhysioArts for your rehabilitation needs, and we are committed to providing you the best care possible. In order to achieve this, we need your assistance and understanding of our scheduling, cancellation and financial policies.

## SCHEDULING AND CANCELLATION POLICIES

- Please schedule your appointments in advance. Our schedule fills up quickly and we want to ensure that you
  get the times that you need.
- Please be timely for your appointments. We will make every effort to respect your time, and we expect that you will do the same for both your therapist and your fellow patients. In the event that you are late for an appointment, your one-on-one time with your PT will still end at the scheduled time. If you are more than 15 minutes late for an appointment, we will attempt to accommodate you later that same day. If there is no room in our schedule to do so, you will not be treated and a missed appointment fee of \$40 will be applied to your account.
- PhysioArts realizes that many things arise in your busy schedules. Please give us at least 24 hours notice for cancellation or rescheduling of an appointment. Failure to comply will result in a cancellation charge of \$40.
   If you "no-show" or "late cancel" for 3 consecutive appointments, we may remove you from the schedule.
- All scheduling and cancellations must be done in person or over the phone with the front desk. Emails and texts should not be used for scheduling or cancellations as these are not checked regularly. Your physical therapist cannot schedule or cancel appointments for you.
- All late cancellation, missed appointment or no show charges are due in full at your next visit. Your insurance company will not pay for any cancellation charges due to missed appointments.

### PAYMENT POLICIES

- All treatment session and equipment payments are due at the time of service or via credit card on file for all patients.
- We accept Cash, Check, Debit and Credit Cards. A \$25.00 service fee for the processing of any returned checks will be applied to your account.
- PhysioArts reserves the right to charge interest at the legal prevailing rate and to apply late payments or service fees for multiple payment plans as necessary to manage the collection of your account. Unresolved financial disputes for non-payment of fees for services or equipment rendered will result in discontinuation of services, referral to another provider as necessary and possible Collection Action.

PhysioArts will be happy to assist you with any questions you may have regarding your account. Please contact our Office Manager, Monday- Friday from 8am to 4pm.

I have read the above information and agree to the financial, scheduling and cancellation policies of PhysioArts.



PhysioArts Physical Therapy Credit Card Authorization Form

I, \_\_\_\_\_\_\_\_hereby authorize PhysioArts Physical Therapy to charge my credit card for co-insurance, deductibles and any other unpaid balances over 30 days. I understand this form will not be divulged to any person not engaged in the professional use or maintenance of said files and all information will be kept confidential as required by our federal privacy policies.

- □ I would like PhysioArts to charge my credit card weekly for my treatment sessions, coinsurance, deductibles, late cancellations/no-shows and/or therapy supplies.
- □ I prefer to pay my bill each time I come in as charges accrue.

Name on card (please print)	
Circle one: MASTERCARD VISA	
Card number	Exp. date

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. <u>PLEASE REVIEW IT CAREFULLY</u>.

We have a legal responsibility to focus on the privacy and security of your **Protected Healthcare Information (PHI)**. The federally mandated program, **Health Insurance Portability & Accountability Act of 1996 (HIPAA)**, has set standards for the disclosure and protection of *individually identifiable health information* and any medical records related to those individuals. This Act gives you the right of understanding and controlling how your health information is being disclosed. In compliance with HIPAA, we are notifying you of our responsibilities and how we are required to maintain privacy of your records.

There are many different purposes of disclosing your personal information. Some disclosures require written authorization or consent; others are covered under the rights of HIPAA, after having made good faith efforts to obtain your acknowledgement of receipt of this notice. We may use or disclose your PHI for the following purposes: treatment, payment, and healthcare operations.

- For Treatment sharing your PHI to provide, coordinate, or manage healthcare and related services with those healthcare providers that are involved in your care. For example, discussing your case with your referring doctor or other health care providers involved in your care.
- For Payment sharing your PHI to obtain reimbursement for services provided to you, confirming coverage, billing and collection with your insurance company or other company that arranges or pays for some or all of your health care ("Your Payor").
- For Health Care Operations sharing your PHI to operate our practice, including but not limited to, evaluating and assessing the quality of our services and health care professionals, or conducting improvement activities. We may also share your PHI for insurance related activities, legal services, and auditors to insure our compliance with the laws set before us. For example, an internal quality assessment review.

We are permitted to use or disclose your health information without further authorization from you for the following reasons:

- Required by law
- Required for public health purposes
- To report abuse or neglect
- Required by a health oversight agency for activities authorized by law to monitor the health care system, government programs and compliance with civil rights.
- For judicial and administrative proceedings when required by law
- For law enforcement purposes when required by law to do so
- Required by coroner, medical examiner, or funeral director
- Permitted by law for organ donor purposes
- Permitted by law for research purposes
- To prevent or lessen a serious or imminent threat to the health or safety of a person or the public
- Requested by military authorities if you are a member of the armed forces
- To comply with the laws relating to Workers' Compensation or other similar programs
- Required by your employer when you receive health care services at your employer's request to evaluate the medical implications of your workplace or to evaluate whether you have a work-related illness or injury.

NY State law provides additional protection for information regarding HIV/AIDS. We will continue to follow NY State law with respect to such information.

We may contact you by mail or phone to remind you of appointments or to provide information about events at PhysioArts. Unless you instruct us otherwise, we may leave a message for you on an answering device or with any person who answers the phone at your residence.

Other uses and disclosures will be made only with your written consent and authorization. Should you wish to revoke the authorization at any time, you may do so in writing and the sharing of your PHI will be stopped immediately.

Upon a written request from you, the patient, you are granted the following list of rights regarding your protected health information:

- The right to request limits regarding the disclosure of your PHI, specifically related to the sharing with family members, close friends, or any other person identified by you. Restriction requests do not apply to the uses that we are legally required or allowed to make.
- The right to request how PHI is communicated to you by our practice. We will agree to your request if it can be provided in an efficient
  manner.
- The right to inspect and copy your protected health information. Copies of PHI will be charged to you.
- The right to request a correction or update your PHI. If you should request a change of your PHI, you must do so in writing including a reason for the change being made. We will consider the reason for an amendment, but we are not required to agree to a change.
- The right to request and receive a list of disclosures of any PHI made by our office.
- The right to request and receive a paper copy of this notice at any time.

We are required by law to keep this notice updated to reflect any changes regarding the manner that PHI is disclosed. You may request a revised copy of this notice should it change at any time.

**To File a Complaint:** If at any time you feel your privacy rights have been violated or you have a complaint about our practice, you may file a written complaint to: Attn: Office Manager, PhysioArts, 230 West 38<sup>th</sup> Street, 18<sup>th</sup> Fl, New York, NY 10018. Your complaint or concerns will not alter or affect the quality of care provided to you by PhysioArts.

### Acknowledgement of Receipt of Notice of Privacy Practices

I, \_\_\_\_\_, hereby understand and acknowledge receipt of PhysioArts Physical Therapy's Notice of Privacy Practices. I understand PhysioArts has reserved a right to change its privacy practices and that any revised copies of the Notice of Privacy Practices are available to me.

I give my consent to PhysioArts to release my PHI as the Notice states. I understand that I may revoke this agreement at any time by providing a written notice of my desire to do so to PhysioArts.

If you would like someone to make appointments for you, handle payment questions and/or be allowed to discuss your care with our office, please note their name here, and check any allowed communication that applies:

Signature of Patient or Guardian	Name of Patient or Guardian		Date	
Name		<ul><li>□ appointments</li><li>□ by phone</li></ul>	<ul> <li>□ payment</li> <li>□ by email</li> </ul>	□ your care
Name	Relationship	<ul> <li>□ appointments</li> <li>□ by phone</li> </ul>	<ul><li>□ payment</li><li>□ by email</li></ul>	□ your care

#### Consent for communication via e-mail with me, my referring physician and my insurance company

I hereby consent to have my physical therapist from PhysioArts communicate via email with me, my referring physician and my insurance company regarding the following aspects of my medical care: appointments, progression or status of treatment, new or changing symptoms, determination of readiness to return to work, prescriptions, authorization or billing. I understand that email is not a guaranteed confidential method of communication. I further understand that there is a risk that email communications between my physical therapists and me or my referring doctor may be intercepted by third parties or transmitted to unintended parties. I also understand that any email communications between my physical therapist and me or my referring physician regarding my diagnosis or medical care will be printed out and made a part of my medical record. I understand that in an urgent or timely situation, or for any scheduling needs, I should call PhysioArts directly and not rely on email.

Signature of Patient or Guardian

Date

Email



# NOTICE OF ADVICE

New York State law now allows you to receive physical therapy treatments without a referral for a total of 10 visits or 30 days, whichever comes first. If you require further treatment beyond this, you will need to get a prescription from a physician, podiatrist, nurse practitioner or dentist in order to continue your care.

This direct access law stipulates that the physical therapist who evaluates you and creates your treatment plan must have a minimum of 3 years experience. In addition, you must be notified in writing that while the law allows this direct care, your insurance company may not cover these visits without a prescription. It is your responsibility to determine whether treatment without a prescription is a covered expense.

I understand that it is a possibility that the treatment I am receiving may not be a covered expense through my health care plan or insurer without a referral from a physician and that the treatment may be a covered expense if rendered with a referral.

, have read and understand the